1GRD ABEKA DRILL PLAN

SUPPORT SHEET

Say this over and over. “This sheet shows me what Abeka THINKS I’m doing, not what I SHOULD be doing. They’re nuts.”

I NEVER do it all. I probably drill 5 min. I look down the list and pick a few things that need practice. I am usually many weeks behind where they think I am. Do not stress.

There’s SO much overlap between Abeka years. If your last week of school, you’ve just barely started drilling what’s listed for Week 18, your kid will still blow the doors off next year.

NOTE: Abeka 2 assumes that the Week 1-12 material is down COLD next year.

Complete supply list:
100 index cards cut in ½. Label 1-200
index cards for days, months, +/- facts, ordinals
Money. About $1 of each coin and a few $ bills.
100 board (I have this one)
200 chart (I print one)
Pretend clock (best geared one)
12-in Ruler
Fake thermometer (ex.) #’s at 10’s, ticks at 2’s
12-month calendar (or print one)

Math facts lingo:
“+ facts to 4” means the ANSWER is up to 4:
zeros: 0+0
ones: 0+1, 1+0
twos: 0+2, 2+0, 1+1
threes: 0+3, 3+0, 1+2, 2+1
fours: 0+4, 4+0, 1+3, 3+1, 2+2

“- facts to 4” means the STARTING # is up to 4:
zeros: 0-0
ones: 1-0, 1-1
twos: 2-0, 2-1, 2-2
threes: 3-0, 3-1, 3-2, 3-3
fours: 4-0, 4-1, 4-2, 4-3, 4-4

Weeks 1-3
You will need:
● ½ size index cards labelled 0-100
● a hundred chart
● index cards labelled one-ten
● index card +/- facts to 6
● handful of penny and dimes

To “Practice numerals” 0-100, you may:
● have them name it from flashcards
● put mixed (sequential) cards in order
● find named card from <5 options

To Practice “after” numbers you may:
● show a card and he names the next #
● call our one and he names the next #
● 100 board. You point, he names next.

Note: Don’t count mixed coins yet.

Weeks 4-6
You will need:
● same supplies (+/- facts to 7)
● handful of nickels
● handful of objects (blocks, straws)

Oral counting: Count by 10’s then by 1’s like you’re doing coins. You do the coins later.

How many 10’s, 1’s?: Show him a card and ask how many tens (or ones) are in it.

Non-consecutive ordering: Choose 3 non-sequential cards. He orders them and tells you who is least and greatest.

Oral story problems: Make up a simple story problem. Have the child show you the problem with objects, even if he could do it in his head.

Mixed Coins: Give the child a mix of dimes and pennies only. Sort them. Count the dimes first.
Weeks 7-9
You will need:
- same supplies (+/- facts to 8)
- 200 chart
- ½ size index cards labelled 100-150
- ruler
- pretend clock
- index cards for days, months words

Weeks 10-12
You will need:
- same supplies (+/- facts to 9)
- paper thermometer
- cards marked 1st-20th

Mixed coin “giving”: you call out an amount and the child counts out the coins to you, starting with the largest coin.

Weeks 13-15
You will need:
- same supplies (+/- facts to 9)
- quarters, ½ dollars, dollars

Weeks 16-18
You will need:
- same supplies (+/- facts to 10)
- calendar

Weeks 19+
You will need:
- same supplies (+/- facts to 15)
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*See support sheet for Weeks 1-3

**Week 1: L1-10**
Left & right
Oral counting by 1’s (build to 100)
Counting back from 10 by 1’s
Practice numerals (build to 100)*
Naming the “after #” (build to 100)*
Recognizing # words: one-ten

**Week 2: L11-20**
Oral counting by 1’s & 10’s to 100
Count back from 20 by 1’s, 100 by 10’s
Addition facts to = 5
Subtraction facts -1’s, -0’s
Naming “before” #’s to 100
Naming next 2 “after” #’s to 100
Practice numerals to 100
Say, recognize 1st-10th
Practice “penny,” value, & counting in “cents”
Left & right
Practice # words: one-ten

**Week 3: L21-25**
Oral counting by 1’s & 10’s to 100
Count back from 20 by 1’s, 100 by 10’s
Practice addition facts to = 6
Practice subtraction facts to 5 - 5
Naming “between” #’s to 100*
Naming previous 2 “before” #’s to 100
Naming next 5 “after” #’s to 100
Count, order 1st-10th
“Dime,” “penny,” value, & counting “cents”
Left & right
Numerals, ordering consecutive #’s to 100
Learn # words: one-ten

**Week 4: L26-30**
Oral counting by 10’s, then 1’s to 100*
Non-consecutive # ordering to 30*
Find “greatest” & “least” of a set*
How many 10’s & 1’s?*
Addition & subtraction facts to 6
Naming “between” #’s to 100
Naming previous 2 “before” #’s to 100
Naming next 5 “after” #’s to 100
“Dime,” “penny,” value, & counting “cents”
Left & right
Numerals, ordering consecutive #’s to 100
Count, order 1st-10th
Learn # words: one-ten
Count back from 20 by 1’s, 100 by 10’s

**Week 5: L31-35**
Oral story problems with objects*
Oral counting by 5’s
“Nickels,” value, counting in cents
Oral counting by 10’s, then 1’s to 100
Addition & subtraction facts to 6
How many 10’s & 1’s?
Non-consecutive # ordering to 30
Find “greatest” & “least” of a set
Naming next 5 “after” #’s to 100
Naming “between” or previous 2 “before” #’s to 100
Practice “dime,” “penny,” value, & counting “cents”
Numerals, ordering consecutive #’s to 100
Left & right, 1st-10th, one-ten words, 20-1 count
Count back from 20 by 1’s, 100 by 10’s

**Week 6: L36-40**
Mixed coin counting, dimes then pennies*
Oral counting 10’s then 5’s then 1’s
Addition facts to 7, subtraction to 6
Oral story problems with objects
Oral counting by 5’s
“Nickels,” value, counting in cents
How many 10’s & 1’s?
Non-consecutive # ordering, “greatest” & “least”
Naming “between,” 2 “before”, 5 “after” #’s to 100
Practice “dime,” “penny,” value, & counting “cents”
Numerals, ordering consecutive #’s to 100
Left & right, 1st-10th, one-ten words, 20-1 count
Count back from 20 by 1’s, 100 by 10’s
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Continue to review the below periodically:
Oral story problems with objects
How many 10’s & 1’s?
Non-consecutive # ordering, “greatest” & “least”
Naming “between,” “before,” “after” #’s to 100
“Dime,” “nickel,” “penny,” value, & counting “cents”
Numerals, ordering consecutive #’s to 100
Left & right, 1st-10th, one-ten words, 20-1 count

*See support sheet for Week 7-9
Week 7: L41-45
Oral counting evens, odds to 50.
Counting by 1’s to 120 & back to 101
Counting by 10’s to 150 & back
Before & after #’s by 10’s
Inch, foot, ruler facts & measuring
Addition & subtraction facts to 7
Mixed coin counting, dimes then pennies
Mixed oral counting 10’s then 5’s then 1’s

Week 8: L46-50
Oral counting evens, odds to 70
Months, Days, Shapes
Yards, inch, foot, ruler measuring
Counting time (1 o’clock, 2 o’clock)
Addition & subtraction facts to 7
Counting by 1’s to 120 & back to 101
Counting by 10’s to 150 & back
Before & after #’s by 10’s
Mixed coin counting, dimes then pennies
Mixed oral counting 10’s then 5’s then 1’s

Week 9: L51-55
Count up even, odd; down from 50 by 2’s
Set the clock on the hour
Order “month” words
How many 100’s, 10’s, & 1’s?
Addition facts to 8, subtraction to 7
Review shapes, days, yd/ft/in facts
Oral counting to 150 & back by 10’s
Counting by 1’s to 120 & back to 101
Before & after #’s by 10’s
Mixed coin counting, dimes then pennies
Mixed oral counting 10’s then 5’s then 1’s

*See support sheet for Week 10-12
Week 10: L56-60
Mixed coin counting: dimes, nickels, then pennies
Reading & setting clock on the hour, AM or PM?
Addition & subtraction facts to 8
Count up even, odd; down from 50 by 2’s
Order “month” words
How many 100’s, 10’s, & 1’s?
Review shapes, days, yd/ft/in facts
Oral counting to 150 & back by 10’s
Counting by 1’s to 120 & back to 101
Before & after #’s by 10’s
Mixed oral counting 10’s then 5’s then 1’s

Week 11: L61-65
Count to 150 & back by 1’s, 10’s
Seasons & clothing
Thermometer reading/setting by 10’s
½ and “whole”
Mixed coin “giving”*
Addition & subtraction facts to 8
Mixed coin counting: dimes, nickels, then pennies
Clock on the hour, AM or PM?
Count up even, odd; down from 50 by 2’s
Reading & setting the clock on the hour
Order “month” words
Review shapes, days, yd/ft/in facts
Before & after #’s by 10’s
Mixed oral counting 10’s, 5’s then 1’s

Week 12: L66-70
Counting by 25’s to 100
30 Days Hath September
Ordinals 1-20th
Reading & setting clock on 1/2 hour, AM or PM?
Addition fact to 9 & subtraction facts to 8
Count to 150 & back by 1’s, 10’s
½ and “whole”
Seasons & clothing,
Thermometer reading by 10’s
Mixed coin counting & “giving”
Count up even, odd; down from 50 by 2’s
Order “month” words
How many 100’s, 10’s, & 1’s?
Review shapes, days, yd/ft/in facts
Before & after #’s by 10’s
Oral counting 10’s then 5’s then 1’s
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Continue to review the below periodically:
Oral story problems with objects
Count up even, odd; down from 50 by 2’s
How many 100’s, 10’s, & 1’s?
Shapes, days, yd/ft/in facts
Before & after #’s by 10’s
Non-consecutive # ordering, “greatest” & “least” to 100
Naming “between,” “before”, “after” #’s to 100
Left & right, one-ten words, month words

*See support sheet for Weeks 13-15

**Week 13: L71-75**
Counting by 25’s to 200
Counting to 170 and back by 1’s, 10’s
Numerals, ordering, before & after #’s to 150
Liquid measure facts
Dozen and ½ dozen (½ & whole)
Addition fact to 9 & subtraction facts to 8
30 Days Hath September
Ordinals 1-20th
Reading & setting clock on 1/2 hour, AM or PM?
Seasons & clothing by temperature
Thermometer reading, setting by 10’s
Mixed coin counting & “giving”

**Week 14: L76-80**
Quarters, value, counting
Thermometer reading, setting by 2’s
Addition & subtraction facts to 9
Count by 25’s to 200, to 170 & back by 1’s, 10’s
Numerals, ordering, before & after #’s to 150
Liquid measure facts, Dozen and ½ dozen
30 Days Hath September, month words ordering
Ordinals 1-20th
Reading & setting clock on 1/2 hour, AM or PM?
Seasons & clothing by temperature
Mixed coin counting & “giving”

**Week 15: L81-85**
½’s and ¼’s, dollars, ½ dollars, quarters
Addition & subtraction facts to 9
Thermometer reading, setting by 2’s
Count by 25’s to 200, to 170 & back by 1’s, 10’s
Numerals, ordering, before & after #’s to 150
Liquid measure facts, Dozen and ½ dozen
30 Days Hath September, month words ordering
Reading & setting clock on 1/2 hour, AM or PM?
Seasons & clothing by temperature
Mixed coin counting & “giving”

**Week 16: L86-90**
Reading, setting clock ¼ past, AM or PM?
Counting by 3’s to 36
Count by 25’s to 200, up and back by 1’s, 10’s
Mixed coin counting with quarters
Before and After # to 200
Ordinal days on a calendar (2nd Tuesday)
Addition & subtraction facts to 9
½’s and ¼’s, dollars, ½ dollars, quarters
Thermometer reading, setting by 2’s
Liquid measure facts, Dozen and ½ dozen
30 Days Hath September, month words ordering
Seasons & clothing by temperature
Counting Ordinals 1-20th

**Week 17: L91-95** (two digit addition)
Using $ and decimals
Addition fact to 10 & subtraction facts to 9
Reading, setting clock ¼ past, AM or PM?
Counting by 3’s to 36
Count by 25’s to 200, up and back by 1’s, 10’s
Mixed coin counting with quarters
Before and After # to 200
Ordinal days on a calendar (2nd Tuesday)
½’s and ¼’s, dollars, ½ dollars
Thermometer reading, setting by 2’s
Liquid measure facts, Dozen and ½ dozen
30 Days Hath September, month words ordering
Seasons & clothing by temperature
Counting Ordinals 1-20th

**Week 18: L96-100**
Pound and ounce
Missing # by 5’s
Addition and subtraction facts to 10
Using $ and decimals
Reading, setting clock ¼ past, AM or PM?
Counting by 3’s to 36
Count by 25’s to 200, up and back by 1’s, 10’s
Mixed coin counting with quarters
Before and After # to 200
Ordinal days on a calendar (2nd Tuesday)
½’s and ¼’s, dollars, ½ dollars
Thermometer reading, setting by 2’s
Liquid measure facts, Dozen and ½ dozen
30 Days Hath September, month words ordering
Seasons & clothing by temperature
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Counting Ordinals 1-20th

Continue to review the below periodically:
Reading, setting clock ¼ past, AM or PM?
Counting by 3’s to 36
Count by 25’s to 200, up and back by 1’s, 10’s
Mixed coin counting with quarters
Ordinal days on a calendar (2nd Tuesday)
½’s and ¼’s, dollars, ½ dollars
Thermometer reading, setting by 2’s
Liquid measure facts, Dozen and ½ dozen
30 Days Hath September, month words ordering
Seasons & clothing by temperature
Counting Ordinals 1-20th
Oral story problems with objects
Count up even, odd; down from 50 by 2’s
How many 100’s, 10’s, & 1’s?
Shapes, days, yd/ft/in facts
Before & after #’s by 10’s
Non-consecutive # ordering, “greatest” & “least” to 100
Naming “between,”2 “before”, 5 “after” #’s to 100
Left & right, one-ten words, month words

*See support sheet for Weeks 19-21

Week 19: L101-105
Concept of ⅓
Addition and subtraction facts to 10
Pound and ounce
Missing # by 5’s
Using $ and decimals
Before and After # to 200

Week 20: L106-110
Before, after, between #’s to 200
Addition and subtraction facts to 10
Concept of ⅓
Pound and ounce
Missing # by 5’s
Using $ and decimals

Week 21: L111-115
Before, after, between #’s 1, 2, 5, & 10’s
Addition to 11, Subtraction to 10
Clock reading, setting to 5 min
Concept of ⅓
Pound and ounce
Missing # by 5’s
Using $ and decimals

*See support sheet for Weeks 22-end

Week 22: L116-120
Addition and subtraction facts to 11
Before, after, between #’s 1, 2, 5, & 10’s
Clock reading, setting to 5 min
Concept of ⅓
Pound and ounce
Missing # by 5’s
Using $ and decimals

Week 23: L121-125
Add counting to 300

Week 24: L126-130

Week 25: L131-135
Add before and after Days and Months
Addition to 12

Week 26: L136-140
Subtraction to 12

Week 29

Week 30

Week 31

Week 32

Addition 13

Addition 14’s-18’s

Subtraction 14’s-18’s