

1GRD ABEKA DRILL PLAN

SUPPORT SHEET

Say this over and over. **“This sheet shows me what Abeka THINKS I’m doing, not what I SHOULD be doing. They’re nuts.”**

I NEVER do it all. I probably drill 5 min. I look down the list and pick a few things that need practice. I am usually many weeks behind where they think I am. Do not stress.

There’s SO much overlap between Abeka years. If your last week of school, you’ve just barely started drilling what’s listed for Week 18, your kid will still *blow the doors off* next year.

NOTE: Abeka 2 assumes that the Week 1-12 material is down COLD next year.

Complete supply list:

100 index cards cut in $\frac{1}{2}$. Label 1-200
index cards for days, months, +/- facts, ordinals
Money. About \$1 of each coin and a few \$ bills.
100 board (I have [this one](#))
200 chart (I [print one](#))
Pretend clock ([best geared one](#))
12-in Ruler
Fake thermometer ([ex.](#)) #'s at 10's, ticks at 2's
12-month calendar ([or print one](#))

Math facts lingo:

“+ facts to 4” means the ANSWER is up to 4:

zeros: 0+0

ones: 0+1, 1+0

twos: 0+2, 2+0, 1+1

threes: 0+3, 3+0, 1+2, 2+1

fours: 0+4, 4+0, 1+3, 3+1, 2+2

“- facts to 4” means the STARTING # is up to 4:

zeros: 0-0

ones: 1-0, 1-1

twos: 2-0, 2-1, 2-2

threes: 3-0, 3-1, 3-2, 3-3

fours: 4-0, 4-1, 4-2, 4-3, 4-4

Weeks 1-3

You will need:

- $\frac{1}{2}$ size index cards labelled 0-100
- a hundred chart
- index cards labelled one-ten
- index card +/- facts to 6
- handful of penny and dimes

To “Practice numerals” 0-100, you may:

- have them name it from flashcards
- put mixed (sequential) cards in order
- find named card from <5 options

To Practice “after” numbers you may:

- show a card and he names the next #
- call out one and he names the next #
- 100 board. You point, he names next.

Note: Don’t count mixed coins yet.

Weeks 4-6

You will need:

- same supplies (+/- facts to 7)
- handful of nickels
- handful of objects (blocks, straws)

Oral counting: Count by 10’s then by 1’s like you’re doing coins. You do the coins later.

How many 10’s, 1’s?: Show him a card and ask how many tens (or ones) are in it.

Non-consecutive ordering: Choose 3 non-sequential cards. He orders them and tells you who is least and greatest.

Oral story problems: Make up a simple story problem. Have the child show you the problem with objects, even if he could do it in his head.

Mixed Coins: Give the child a mix of dimes and pennies only. Sort them. Count the dimes first.

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Weeks 7-9

You will need:

- same supplies (+/- facts to 8)
- 200 chart
- ½ size index cards labelled 100-150
- ruler
- pretend clock
- index cards for days, months words

Weeks 10-12

You will need:

- same supplies (+/- facts to 9)
- [paper thermometer](#)
- cards marked 1st-20th

Mixed coin “giving”: you call out an amount and the child counts out the coins to you, starting with the largest coin.

Weeks 13-15

You will need:

- same supplies (+/- facts to 9)
- quarters, ½ dollars, dollars

Weeks 16-18

You will need:

- same supplies (+/- facts to 10)
- calendar

Weeks 19+

You will need:

- same supplies (+/- facts to 15)

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***See support sheet for Weeks 1-3**

Week 1: L1-10

Left & right

Oral counting by 1's (build to 100)

Counting back from 10 by 1's

Practice numerals (build to 100)*

Naming the "after #" (build to 100)*

Recognizing # words: one-ten

Week 2: L11-20

Oral counting by 1's & 10's to 100

Count back from 20 by 1's, 100 by 10's

Addition facts to = 5

Subtraction facts -1's, -0's

Naming "before" #'s to 100

Naming next 2 "after" #'s to 100

Practice numerals to 100

Say, recognize 1st-10th

Practice "penny," value, & counting in "cents"

Left & right

Practice # words: one-ten

Week 3: L21-25

Oral counting by 1's & 10's to 100

Count back from 20 by 1's, 100 by 10's

Practice addition facts to = 6

Practice subtraction facts to 5 - 5

Naming "between" #'s to 100*

Naming previous 2 "before" #'s to 100

Naming next 2 "after" #'s to 100

Count, order 1st-10th

"Dime," "penny," value, & counting "cents"

Left & right

Numerals, ordering consecutive #'s to 100

Learn # words: one-ten

***See support sheet for Weeks 4-6**

Week 4: L26-30

Oral counting by 10's, then 1's to 100*

Non-consecutive # ordering to 30*

Find "greatest" & "least" of a set*

How many 10's & 1's?*

Addition & subtraction facts to 6

Naming "between" #'s to 100

Naming previous 2 "before" #'s to 100

Naming next 5 "after" #'s to 100

"Dime," "penny," value, & counting "cents"

Left & right

Numerals, ordering consecutive #'s to 100

Count, order 1st-10th

Learn # words: one-ten

Count back from 20 by 1's, 100 by 10's

Week 5: L31-35

Oral story problems with objects*

Oral counting by 5's

"Nickels," value, counting in cents

Oral counting by 10's, then 1's to 100

Addition & subtraction facts to 6

How many 10's & 1's?

Non-consecutive # ordering to 30

Find "greatest" & "least" of a set

Naming next 5 "after" #'s to 100

Naming "between" or previous 2 "before" #'s to 100

Practice "dime," "penny," value, & counting "cents"

Numerals, ordering consecutive #'s to 100

Left & right, 1st-10th, one-ten words, 20-1 count

Count back from 20 by 1's, 100 by 10's

Week 6: L36-40

Mixed coin counting, dimes then pennies*

Oral counting 10's then 5's then 1's

Addition facts to 7, subtraction to 6

Oral story problems with objects

Oral counting by 5's

"Nickels," value, counting in cents

How many 10's & 1's?

Non-consecutive # ordering, "greatest" & "least"

Naming "between," 2 "before", 5 "after" #'s to 100

Practice "dime," "penny," value, & counting "cents"

Numerals, ordering consecutive #'s to 100

Left & right, 1st-10th, one-ten words, 20-1 count

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Continue to review the below periodically:

Oral story problems with objects
How many 10's & 1's?
Non-consecutive # ordering, "greatest" & "least"
Naming "between," 2 "before," 5 "after" #'s to 100
"Dime," "nickel," "penny," value, & counting "cents"
Numerals, ordering consecutive #'s to 100
Left & right, 1st-10th, one-ten words, 20-1 count

*See support sheet for Week 7-9

Week 7: L41-45

Oral counting evens, odds to 50.
Counting by 1's to 120 & back to 101
Counting by 10's to 150 & back
Before & after #'s by 10's
Inch, foot, ruler facts & measuring
Addition & subtraction facts to 7
Mixed coin counting, dimes then pennies
Mixed oral counting 10's then 5's then 1's

Week 8: L46-50

Oral counting evens, odds to 70
Months, Days, Shapes
Yards, inch, foot, ruler measuring
Counting time (1 o'clock, 2 o'clock)
Addition & subtraction facts to 7
Counting by 1's to 120 & back to 101
Counting by 10's to 150 & back
Before & after #'s by 10's
Mixed coin counting, dimes then pennies
Mixed oral counting 10's then 5's then 1's

Week 9: L51-55

Count up even, odd; down from 50 by 2's
Set the clock on the hour
Order "month" words
How many 100's, 10's, & 1's?
Addition facts to 8, subtraction to 7
Review shapes, days, yd/ft/in facts
Oral counting to 150 & back by 10's
Counting by 1's to 120 & back to 101
Before & after #'s by 10's
Mixed coin counting, dimes then pennies
Mixed oral counting 10's then 5's then 1's

*See support sheet for Week 10-12

Week 10: L56-60

Mixed coin counting: dimes, nickels, then pennies
Reading & setting clock on the hour, AM or PM?
Addition & subtraction facts to 8
Count up even, odd; down from 50 by 2's
Order "month" words
How many 100's, 10's, & 1's?
Review shapes, days, yd/ft/in facts
Oral counting to 150 & back by 10's
Counting by 1's to 120 & back to 101
Before & after #'s by 10's
Mixed oral counting 10's then 5's then 1's

Week 11: L61-65

Count to 150 & back by 1's, 10's
Seasons & clothing
Thermometer reading/setting by 10's
 $\frac{1}{2}$ and "whole"
Mixed coin "giving"*
Addition & subtraction facts to 8
Mixed coin counting: dimes, nickels, then pennies
Clock on the hour, AM or PM?
Count up even, odd; down from 50 by 2's
Reading & setting the clock on the hour
Order "month" words
Review shapes, days, yd/ft/in facts
Before & after #'s by 10's
Mixed oral counting 10's, 5's then 1's

Week 12: L66-70

Counting by 25's to 100
30 Days Hath September
Ordinals 1-20th
Reading & setting clock on 1/2 hour, AM or PM?
Addition fact to 9 & subtraction facts to 8
Count to 150 & back by 1's, 10's
 $\frac{1}{2}$ and "whole"
Seasons & clothing,
Thermometer reading by 10's
Mixed coin counting & "giving"
Count up even, odd; down from 50 by 2's
Order "month" words
How many 100's, 10's, & 1's?
Review shapes, days, yd/ft/in facts
Before & after #'s by 10's
Oral counting 10's then 5's then 1's

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Continue to review the below periodically:

Oral story problems with objects
Count up even, odd; down from 50 by 2's
How many 100's, 10's, & 1's?
Shapes, days, yd/ft/in facts
Before & after #'s by 10's
Non-consecutive # ordering, "greatest" & "least" to 100
Naming "between," 2 "before", 5 "after" #'s to 100
Left & right, one-ten words, month words

*See support sheet for Weeks 13-15

Week 13: L71-75

Counting by 25's to 200
Counting to 170 and back by 1's, 10's
Numerals, ordering, before & after #'s to 150
Liquid measure facts
Dozen and $\frac{1}{2}$ dozen ($\frac{1}{2}$ & whole)
Addition fact to 9 & subtraction facts to 8
30 Days Hath September
Ordinals 1-20th
Reading & setting clock on $\frac{1}{2}$ hour, AM or PM?
Seasons & clothing by temperature
Thermometer reading, setting by 10's
Mixed coin counting & "giving"

Week 14: L76-80

Quarters, value, counting
Thermometer reading, setting by 2's
Addition & subtraction facts to 9
Count by 25's to 200, to 170 & back by 1's, 10's
Numerals, ordering, before & after #'s to 150
Liquid measure facts, Dozen and $\frac{1}{2}$ dozen
30 Days Hath September, month words ordering
Ordinals 1-20th
Reading & setting clock on $\frac{1}{2}$ hour, AM or PM?
Seasons & clothing by temperature
Mixed coin counting & "giving"

Week 15: L81-85

$\frac{1}{2}$'s and $\frac{1}{4}$'s, dollars, $\frac{1}{2}$ dollars, quarters
Addition & subtraction facts to 9
Thermometer reading, setting by 2's
Count by 25's to 200, to 170 & back by 1's, 10's
Numerals, ordering, before & after #'s to 150
Liquid measure facts, Dozen and $\frac{1}{2}$ dozen
30 Days Hath September, month words ordering
Reading & setting clock on $\frac{1}{2}$ hour, AM or PM?
Seasons & clothing by temperature

Mixed coin counting & "giving"

*See support sheet for Weeks 16-18

Week 16: L86-90

Reading, setting clock $\frac{1}{4}$ past, AM or PM?
Counting by 3's to 36
Count by 25's to 200, up and & back by 1's, 10's
Mixed coin counting with quarters
Before and After # to 200
Ordinal days on a calendar (2nd Tuesday)
Addition & subtraction facts to 9
 $\frac{1}{2}$'s and $\frac{1}{4}$'s, dollars, $\frac{1}{2}$ dollars, quarters
Thermometer reading, setting by 2's
Liquid measure facts, Dozen and $\frac{1}{2}$ dozen
30 Days Hath September, month words ordering
Seasons & clothing by temperature
Counting Ordinals 1-20th

Week 17: L91-95 (two digit addition)

Using \$ and decimals
Addition fact to 10 & subtraction facts to 9
Reading, setting clock $\frac{1}{4}$ past, AM or PM?
Counting by 3's to 36
Count by 25's to 200, up and & back by 1's, 10's
Mixed coin counting with quarters
Before and After # to 200
Ordinal days on a calendar (2nd Tuesday)
 $\frac{1}{2}$'s and $\frac{1}{4}$'s, dollars, $\frac{1}{2}$ dollars
Thermometer reading, setting by 2's
Liquid measure facts, Dozen and $\frac{1}{2}$ dozen
30 Days Hath September, month words ordering
Seasons & clothing by temperature
Counting Ordinals 1-20th

Week 18: L96-100

Pound and ounce
Missing # by 5's
Addition and subtraction facts to 10
Using \$ and decimals
Reading, setting clock $\frac{1}{4}$ past, AM or PM?
Counting by 3's to 36
Count by 25's to 200, up and & back by 1's, 10's
Mixed coin counting with quarters
Before and After # to 200
Ordinal days on a calendar (2nd Tuesday)
 $\frac{1}{2}$'s and $\frac{1}{4}$'s, dollars, $\frac{1}{2}$ dollars
Thermometer reading, setting by 2's
Liquid measure facts, Dozen and $\frac{1}{2}$ dozen
30 Days Hath September, month words ordering
Seasons & clothing by temperature

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Counting Ordinals 1-20th

Continue to review the below periodically:

Reading, setting clock $\frac{1}{4}$ past, AM or PM?

Counting by 3's to 36

Count by 25's to 200, up and & back by 1's, 10's

Mixed coin counting with quarters

Ordinal days on a calendar (2nd Tuesday)

$\frac{1}{2}$'s and $\frac{1}{4}$'s, dollars, $\frac{1}{2}$ dollars

Thermometer reading, setting by 2's

Liquid measure facts, Dozen and $\frac{1}{2}$ dozen

30 Days Hath September, month words ordering

Seasons & clothing by temperature

Counting Ordinals 1-20th

Oral story problems with objects

Count up even, odd; down from 50 by 2's

How many 100's, 10's, & 1's?

Shapes, days, yd/ft/in facts

Before & after #'s by 10's

Non-consecutive # ordering, "greatest" & "least" to 100

Naming "between," 2 "before", 5 "after" #'s to 100

Left & right, one-ten words, month words

***See support sheet for Weeks 19-21**

Week 19: L101-105

Concept of $\frac{1}{3}$

Addition and subtraction facts to 10

Pound and ounce

Missing # by 5's

Using \$ and decimals

Before and After # to 200

Week 20: L106-110

Before, after, between #'s to 200

Addition and subtraction facts to 10

Concept of $\frac{1}{3}$

Pound and ounce

Missing # by 5's

Using \$ and decimals

Week 21: L111-115

Before, after, between #'s 1, 2, 5, & 10's

Addition to 11, Subtraction to 10

Clock reading, setting to 5 min

Concept of $\frac{1}{3}$

Pound and ounce

Missing # by 5's

Using \$ and decimals

***See support sheet for Weeks 22-end**

Week 22: L116-120

Addition and subtraction facts to 11

Before, after, between #'s 1, 2, 5, & 10's

Clock reading, setting to 5 min

Concept of $\frac{1}{3}$

Pound and ounce

Missing # by 5's

Using \$ and decimals

Week 23: L121-125

Add counting to 300

Week 24: L126-130

Week 25: L131-135

Add before and after Days and Months

Addition to 12

Week 26: L136-140

Subtraction to 12

Week 29 Addition 13

Week 30 Subtraction 13

Week 31 Addition 14's-18's

Week 32 Subtraction 14's-18's